



FIRST CHURCH STUDENT MINISTRIES

1200 W. Depoy Dr. • Columbia City, IN • PH: 260.244.5959 • www.firstchurchconnect.com

EN ROUTE WINTER RETREAT 2012

Three Days... One Unforgettable Experience!

Snow Tubing. Snowboarding. Horseback Riding. Paintball. Rock Climbing. Broomball. Log Cabins. Amazing Worship. Life-Changing Messages.

- [Who]** Every Middle School & High School Student
- [What]** SpringHill Camps Winter Retreat
- [When]** High School: Jan. 20-22
Middle School: Feb. 24-26
Leave Friday right after school (3:30pm) and get back between 5-5:30pm Sunday
- [Where]** 7717 95th Avenue, Ewart, Michigan
(4 hours north of Columbia City / 90 minutes north of Grand Rapids, MI)
- [Why]** To grow closer to God, to one another, and for an INCREDIBLE EXPERIENCE!
- [Website]** springhillcamps.com/enroute

What is Provided

Price of \$130 covers EVERYTHING except for one meal on Friday night while on the way up & any extra snacks/t-shirts (\$10/shirt) you want to buy at camp. Paintball and horseback riding is an additional \$10 each. Do not let the price of this trip hold you back—please talk with Luke before turning down this amazing, life-changing weekend!

What to Expect

This year's theme, En Route, will give you direction as you navigate through a challenging world. Dynamic speakers and interactive small group times will bring key truths from Philippians 3:13-14 to life, truths that will help you along your journey to Christ-likeness. It's a weekend designed with teenagers in mind, with extraordinary activities and plenty of time to grow together as a group.

When Do I Need to Turn Everything In?

Spots fill up FAST! Want to save your spot and some money!?! If you turn in your \$20 deposit by Tuesday, December 20th, you can knock \$10 off the cost of the trip!

EVERYTHING IS DUE BY JANUARY 12th for HIGH SCHOOL (full payment, retreat health form)
EVERYTHING IS DUE BY FEBRUARY 16th for MIDDLE SCHOOL (full payment, retreat health form)

*Adult Leaders will have cell phones with them for emergency use. This is a two-night, three-day trip. We strongly encourage our students to focus on making healthy relationships with God and each other; therefore, you will not need your cell phones for this trip. **Please see the attached packing list for a complete list of what to bring and what not to bring.***

Emergency Contacts: Luke Diehl: 260.820.0491 or Sara Diehl: 260.609.4725

Winter Retreat Student Packing List

- Signed & Student Health/Power of Attorney Form (1 per student) – turn in before trip
- Snow Gear:
 - Winter Hat
 - Thick Winter Gloves
 - Snow Pants (*If you don't own snow pants, bring multiple pairs of jeans and sweat pants to wear as layers. Also, wear wind pants on the outside so your jeans won't get wet. **We basically wear snow pants & coat the entire weekend.***)
 - Snow Boots
 - Thick Winter Coat (always to be worn when outside!)
- Seasonally Appropriate Clothing (Lots of Layers!)
 - 2-3 sweatshirts
 - 2 long sleeve shirts
 - 2-3 pairs of sweatpants/leggings
 - Snow Pants
 - 5+ pairs of socks/underwear (you'll wear 2 at a time & will need several because they get wet)
- Gym Shoes (for volleyball, basketball, rock climbing, horseback riding, etc.)
- Shower Stuff:
 - Towel
 - Shampoo/Conditioner
 - Body Wash
 - Deodorant
 - Toothbrush
 - Toothpaste
 - Bag to Carry Shower Stuff to the Bathroom (not all bathrooms are connected)
 - Shoes to Shower in (i.e. flip flops)
- Sleeping Bag (and possibly a thick blanket)
- Pillow
- Trash bag for wet/dirty clothes
- Flashlight
- Bible
- Money for souvenirs, extra activities, crafts, and band merchandise
- Optional:
 - Snowboard, helmet, snow shoes – If you bring your own, you are responsible for it & need to bring all three or none (*SpringHill rents snowboards for \$10*)
 - Camera
 - Water bottle
 - Watch (you won't have your phone to tell the time)

Things to Leave at Home:

- Cell Phones, iPods, MP3 players, and any Video Games (all electronics)
- Pets, Homework, Inappropriate Clothing Attire
- Negative Attitude, Alcohol, Tobacco or Nonprescription Drugs, Weapons
- Anything standing between you and what God has planned for you this weekend



2012 RETREAT CAMPER HEALTH FORM

PERSONAL INFORMATION

Camper's Last Name (Printed)		Camper's First Name (Printed)			M.I.
Street Address		Date of Birth (Month, Day, Year)			Age
City	State	Zip	Height	Weight (Lbs)	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female

IMMUNIZATION RECORDS

If there are any religious or personal objections that do not allow your child to receive immunizations, you must sign a written statement below that you object to immunization, but certify that your child is in good health.

I have religious/personal objections, and my child is in good health. _____
Signature Date

Are your child's immunizations up to date? Yes No If no, please explain _____

MEDICATIONS/HEALTH HISTORY

Check if these apply to your child. If necessary, attach an additional page to describe health history in detail.

MEDICAL CONDITIONS:

- Asthma
- Cardiac Issues/Hypertension
- Diabetes
- Epilepsy
- OTHER _____

ALLERGIES:

- No known non-drug allergies
- Insect/bee/wasp stings
- Nuts: Mild Moderate Severe
- Fish/Shell Fish Eggs Milk
- Other (non-drug): _____

MEDICATION ALLERGIES:

- No known medication allergies
- Has medication allergies

List all medication names & describe reactions: _____

(if your child has a severe food allergy please contact our dining services at 231-836-1047 to make arrangements.)

Precautions to be observed: _____

Operations or injuries: _____

MEDICATIONS:

Drug _____ Purpose _____ Dosage _____

Drug _____ Purpose _____ Dosage _____

INSURANCE INFORMATION

In the event of accident or illness, parents are completely responsible for any necessary treatment costs incurred.

List all personal insurance information or include a copy of insurance card(s).

Please mark "none" if your child is not covered by health insurance. None

Carrier or plan name	Carrier Address	Policy holder ID#	Name of policy holder
Group policy number		Carrier telephone	Relationship to camper

EMERGENCY CONTACT INFORMATION

Mother/Guardian name	Mother/Guardian home phone	Mother/Guardian cell phone
Father/Guardian name	Father/Guardian home phone	Father/Guardian cell phone
Family physician name	Family physician phone	Family physician city
Emergency contact name	Emergency contact phone	Relationship to camper

I. LIMITED PURPOSE POWER OF ATTORNEY: CONSENT TO TREATMENT OF A MINOR

A. The undersigned hereby appoint: _____ (Your Group Leader),
and _____ (Your Group Leader)

Todd Leinberger (SpringHill MI Director), Andy Hust (SpringHill Program Director), or Eric Woods (SpringHill Programed Retreats Manager) each to act alone, and delegate to each such person the power to consent on our behalf to all emergency treatment and/or medical care (except elective surgery) of _____ (Child's Name) determined to be necessary or desirable by the child's attending physician at the hospital. This consent does not impose a duty upon SpringHill or its representatives, to provide such assistance, transportation, or services. I also authorize SpringHill, or representative, as Medical Power of Attorney to have medical information disclosed to the representative of their choice. This is in compliance with HIPPA Privacy Rules which defines a Required Disclosure as "A covered entity must disclose protected health information to individuals (or their personal representatives) specifically when they request access to, or an accounting of disclosures of, their protected health information"

B. This Power of Attorney shall continue until revoked by the undersigned, or for six (6) months after its date, whichever is earlier. Physicians or the hospital's medical staff may assume and rely that this authorization is currently in effect during such six month period unless notified.

II. LIABILITY WAIVER

I recognize that certain hazards and dangers are inherent in the SpringHill events and programs and particularly, but not limited to, the activities of horseback riding, swimming, high adventure areas, paintball, extreme sports, winter tubing, snowboarding, ice skating, and cross-country skiing, and I acknowledge that although SpringHill has taken safety measures to minimize the risk of injury to participants, SpringHill cannot insure nor guarantee that the participants, equipment, premises, and/or activities will be free from hazards, accidents, and/or injuries. I further recognize and have instructed my child in the importance of knowing and abiding by the camp's rules, regulations, and procedures for the safety of activity participants.

In consideration of SpringHill accepting and permitting my child to attend camp and participate in the camp's high adventure activities, I agree that SpringHill, a non-profit corporation, its agents, officers, employees, trustees and volunteers will not be liable for any injury, death, damage and/or loss to my child, and/or anyone claiming on my child's behalf, and I further agree to hold harmless, indemnify and defend SpringHill, its officers, agents, employees, trustees and volunteers for and from any and all damage during the time of my child's attendance and participation at SpringHill, whether such injury, illness, or damage occurs on or off the camp's premises.

III. PHOTO RELEASE

I certify that photographs or videotape pictures of my child participating in the SpringHill programs may be reproduced and utilized in promotional materials for the camp.

DATED: Month _____ Day _____ Year _____

Father: _____ Home Phone (_____) _____
Name

_____ Cell Phone (_____) _____
Address

_____ City _____ State _____ Zip _____ County _____

_____ Email _____ Employer _____

Mother: _____ Home Phone (_____) _____
Name

_____ Cell Phone (_____) _____
Address

_____ City _____ State _____ Zip _____ County _____

_____ Email _____ Employer _____

I represent that I am the parent or legal guardian of _____ (child's name), that I am at least eighteen (18) years of age and I am under no mental or legal disability which would prevent me from signing and executing this agreement. I further represent that I have read (or have had read to me) and understood the terms of this agreement.

Father/ Guardian Signature Date Mother/Guardian Signature Date

Witness Signature Date Witness Address Witness City State Zip
(Signature must be witnessed by a person over 18 yrs old, other than your immediate family)